

## 1 Learn to Skate

- Tot 1, 2, 3, 4

- Ages 4-5
- No Experience
- Helmets Required
- Hockey Skates introduced at Tot 3

- Pre-Alpha

- Ages 6 & Up
- No Experience
- Helmets Required
- Hockey Skates introduced after 4th class if the skater is passing required elements

- Hockey Skating Skills

- Age may vary
- Helmets Required
  - Hockey Helmets preferred, but not required
- Additional equipment preferred, but not required
- Prerequisite - Tot levels and/or Pre-Alpha based on age
  - Advanced skating skills from Alpha preferred, but not required

## 2 Learn to Play / Little Penguins

(Prerequisite - 2 sessions of Learn to Skate for both programs)

- Learn to Play is Step 2 in becoming a hockey player

- Focus: Individual Skating Skills
  - Introduction to Hockey Skills and Drills
- Registration is completed through S&T Bank Arena
- Program is taught at S&T Bank Arena
- Equipment is not provided and is required

- Little Penguins program parallels Learn to Play with similar introduction of skating skills and hockey skills

- Registration is completed through the Penguins Organization
- Equipment is provided in the registration fee
- Program is taught at S&T Bank Arena

## 3 In-House / Intermediate

(Prerequisite - 2 sessions of Learn to Skate + Learn to Play)

- In-House Hockey and the Intermediate Skating Program together are Step 3 in becoming a hockey player

- In-House Hockey is divided into age groups

- Team play is introduced
- Fundamental skills are perfected
- Situational Play is instilled
- Practices occur on Tuesdays
- Game simulations occur on Fridays
- In-House participation is encouraged through high school

- Intermediate Skating focuses on advanced skating skills

- Efficient crossover development
- Polished turns and transitions
- Established edge control
- Dynamic stops and starts
- Explosiveness

## 4 In-House / IYHA

- Combining skills and techniques that are taught within the In-House league while taking the initiative to begin play in a travel league, like the IYHA, is Step 4 in becoming a hockey player

## 5 IYHA / Travel Leagues / In-House

- Step 5 in becoming a hockey player is continuing to develop skills through the In-House league that will provide an evident advantage while maintaining competitive play within a travel league association

- Please navigate to the Indiana Youth Hockey Association website:

<https://www.iyhachiefs.com/>  
for more information regarding registration and tryouts

## 6 Middle School / High School / In-House

- Maturing in age as well as skill requires a continuation of learning and adaptation to the game with the guidance of the In-House League, while expanding in-game knowledge on middle school or high school teams is Step 6 and 7 in becoming a hockey player

- For more information on the Indiana Chiefs Middle School & High School Hockey Teams please navigate to the Red Line Club Facebook Page

OR

- The PIHL Team Site:  
<https://indianshockey.sportngin.com/>

## 7 Junior League / College Hockey

- Playing in Junior Leagues or at the College Level is Step 8 and/or 9 to becoming a hockey player

- For more information on Junior League Hockey please navigate to the USA Junior Hockey Leagues website:  
<https://www.usahockey.com/juniorhockey>

- For more information on local Collegiate Hockey please navigate to the Indiana University of Pennsylvania Men's Hockey website:  
<http://iupmshockey.pointstreaksites.com/view/iupmshockey>

- For more information on local Collegiate Women's Hockey please navigate to the IUP Crimson Hawks Women's Hockey Facebook Page