



Winter & Spring 2024 Recreation Programs

White Township Rec Complex
497 East Pike Road
Indiana, PA 15701
(724) 465-2665
recinfo@whitetownship.org

www.whitetownshiprec.org



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For any questions or more information on any of our programs, please visit www.whitetownshiprec.org or contact any of the individuals on the back of this booklet.

White Township Recreation coaching staffs will consist of employees, independent contractors and volunteers. All contributing coaches will have the proper clearances necessary to their assignments.

Photography Policy:

Photographs for promoting our programs are often taken of the program and event participants. If you prefer that you or your child, not be photographed for these purposes, please alert the photographer or Township staff. Thank you.



Registration Policies

Program Registration:

All registrations are taken on a first come, first serve basis (*some programs will have caps or limits on the number of participants*). For your convenience, online registrations are accepted 24 hours a day. Registration paperwork must be completed and returned with full payment before participating in any of our programs. Insufficient program registration is a cause for cancellation.

Fees & Payment:

Program Fees may be paid by debit/credit card online or by cash, check or debit/credit card in person at the time of registration. Please make checks payable to White Township. Returned checks will be subject to a \$25.00 charge. We accept all major credit and debit cards.

Refund Policy:

Full refunds are given only if a program is cancelled or the individual completely withdrawals *before* the start of a program. All refunds will be issued in the form of a check or credit card refund. Please allow two weeks for processing checks.

Program Confirmations:

All online registrations are confirmed through the receipt of payment when registering online. White Township will send confirmation to verify your registration of a program.

Weather Cancellations/Important Information:

If a program is cancelled due to weather-related or other unexpected circumstances, cancellations/important information will be announced via email. Please provide White Township Recreation with a frequently checked email address; this will ensure you are getting all program updates and potential cancellations. Cancellations will typically be made before 3:00pm, prior to the start of the program.

Youth Programs



DID YOU KNOW?

- ◇ While other youth sports may also require coordination, gymnastics is unique in that gymnasts must often-times perform routines while inverted (upside down). This puts an extra challenge on the gymnast's ability to control their bodies.
- ◇ The US has produced the greatest boxers the world has ever known. With hundreds of world champions, as well as showing dominance in Olympic boxing, the US is at the very top of the sport.



Beginner Gymnastics (Ages 5-17)



Fee: \$65.00 per individual

Dates: Jan 9th-Jan 30th (4 weeks)

Days: Tuesdays

Time: 5:30pm-6:15pm

Location: ***NEW LOCATION!**

Tate's Gymnastics - Indiana Mall, 2334 Oakland Ave, Indiana

(Enter through the white service door #2, behind Dunham's, use the service hallway)

Girls: Please wear a one-piece leotard. Hair must be pulled back and out of eyes and bring a water bottle.

Boys: Please wear shorts and a t-shirt tucked in and bring a water bottle.

With the Olympic Games quickly approaching and summer just around the corner, brush up on your gymnastics skills to impress all your friends at the park! Learn skills on all four USA Gymnastics events (vault, uneven bars, balance beam, and floor). No prior experience is necessary!

This program is open to ALL skill levels!

In addition, you will also need to visit: www.tatesgymnastics.com & complete their registration under the "Class Registration" tab and click (S&T Bank Arena)- Beginner Gymnastics!

*Tate's website will require you to enter a credit card to process all the forms, however your card will **not** be charged!*

Intro to Boxing (Ages 7-15)



Fee: \$40.00 per individual

Dates: March 3rd-March 24th (4 weeks)

Days: Sundays

Time: 1:00pm-2:00pm

Location: ***NEW LOCATION!**

Watkins Boxing - 655 Church St, Indiana

First Floor (Chestnut Hills Building)

Get ready to work your whole body and mind! Watkins Boxing will lead you through rounds of different punches and combos along with focusing on the proper fundamentals and techniques. Learn the basics of boxing while improving your cardio, muscle strength, reflexes and frame of mind. This program has a maximum of 15 participants.

Youth Programs



Youth and Adult Programs



Intro to Lacrosse (Ages 7-17)

Fee: \$40.00 per individual

Dates: April 4th-April 25th (4 weeks)

Days: Thursdays

Time: 5:30pm-6:30pm

Location: Indoor/Outdoor option based on weather & availability; meet at the front doors of S&T Bank Arena for each class

This non-contact beginners program allows individuals to get involved in the game to see if its for them while introducing the basic lacrosse skills. Emphasis will be on passing, catching, throwing, cradling, stick skills and rules. Sessions will include skill instruction and fun activities that will reinforce previously learned skills.

Art - Learn to Weave (Ages 12 & Up)

Fee: \$75.00 per class, per day (CHOOSE 1)

Dates: February 17th **OR** April 20th

Days: Saturdays

Time: 12:00pm-5:00pm

Location: The Artists Hand Gallery, 732 Philadelphia St, Indiana

Have you ever wanted to try weaving on a loom? Well you can do just that when you sit down to a four-harness loom in the workshop at the Artists Hand Gallery, located right in downtown Indiana. There will be one, 5-hour class, offered in February and one 5-hour class offered in April.

When you register for one of the 2 dates (Feb 17 OR April 20), you are only registering for ONE CLASS.

If you would like to attend more than one class, you must complete the registration and pay the additional fee to participate in the class multiple times.

Within the 5-hour class period, a participant will be able to complete a small dish towel or table mat in colors of their choosing. Each class has a 3 person limit due to available equipment and will still run with 1 person.

Materials provided for the class: All

Art - Painting with Acrylics & Oils (Ages 15 & Up)

Fee: \$100.00 per individual

Dates: March 5th-April 23rd (8 weeks)

Days: Tuesdays

Time: 6:00pm-7:30pm

Location: The Artists Hand Gallery, 732 Philadelphia St, Indiana

Did you ever wonder what it was like to paint like an artist? Or how to use acrylic and oil paints together? Well, Mark Altrogge is going to show you how. Participants will follow Mark's lead and learn to paint as he does; first layer with acrylics, second layer is a light-colored glaze and the next layers are quick drying (Alkyd) oils. This class has a 10 person maximum.

Materials needed:

Acrylic Paints (heavy or good quality) (Suggested Brands—Liquitex Heavy Body, Gold, Windsor & Newton Galleria available at Michael's, Dick Bick, Jerry's Artarama) - titanium white, cadmium red medium, alizarin crimson, cadmium yellow medium, pthalo blue (green shade), pthalo green (blue shade), burnt umber, burnt sienna, yellow ochre, dioxazine purple, raw sienna, cadmium orange

Quick Drying Oils (Alkyd) (Suggested Brands—DaVinci Fast Dry, C.A.S. AlkydPro, Windsor & Newton Griffin Alkyd available at Micheal's (online only), Dick Bick, Jerry's Artarama) - same colors as above

Brushes for acrylics or oils- Various sizes

Materials provided: Matte medium (Liquitex), Stretched canvases 11x14, 16x20, sketch pencils, paper/Styrofoam plates to use as pallets, paper towels, mineral spirits for cleaning, plastic cups for water

Youth and Adult Programs



DID YOU KNOW?

- ◇ The earliest known drawing dates back to 30,000 years ago!
- ◇ Some famous artists, like Frida Kahlo, started drawing at age 6.
- ◇ Drawing can help you improve your focus and concentration.
- ◇ Both Egyptians and Greeks take credit for the first picture.

Adult Programs



Art - Drawing Basics (Ages 13 & Up)

Fee: \$60.00 per individual
 Dates: Feb 1st-Feb 22nd (4 weeks)
 Days: Thursdays
 Time: 6:00pm-8:00pm
 Location: The Artists Hand Gallery, 732 Philadelphia St, Indiana

Did you miss this program in the fall? Well, now is your chance! Led by Leslie Swentosky, participants will enhance their basic drawing skills all the way down to the pencils that you use and when you use them. Attention will be on shape and form, as well as on properly exhibiting shadows and highlights within your artwork. This class has a maximum of 10 participants. No experience needed.

Materials needed:

2B, 4B, & 6B pencils kneaded eraser, pink pearl eraser
 (Brand name supplies are only suggestions; generic items are also acceptable).

Materials provided:

Sketchbook

Art - Drawing 2 (Ages 13 & Up)

Fee: \$60.00 per individual
 Dates: April 25th-May 16th (4 weeks)
 Days: Thursdays
 Time: 6:00pm-8:00pm
 Location: The Artists Hand Gallery, 732 Philadelphia St, Indiana

This program will expand upon the skills learned in the Drawing Basics class. While some drawing experience is required, it is not mandatory to have previously taken the Drawing Basics class. Leslie Swentosky will lead the program encouraging participants while providing them with more challenging subject matter. Attention to composition, form, shading and highlighting will be class focal points. This class has a maximum of 10 participants.

Materials needed:

2B, 4B, & 6B pencils kneaded eraser, pink pearl eraser (Brand name supplies are only suggestions; generic items are also acceptable.)

Materials provided:

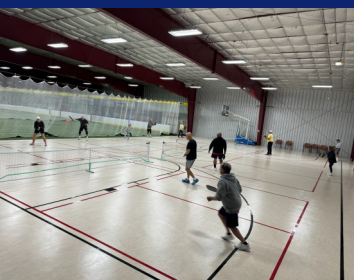
Sketchbook

Pickleball (Ages 18 & Up)

Fee: \$30.00 per individual
 Dates: **Session 1:** Jan 13th-Jan 27th (3 weeks)
 Session 2: March 2nd, 16th and 30th
 Every Other Saturday (3 weeks)

Days: Saturdays
 Time: 9:00am-10:30am
 Location: S&T Bank Arena (Hard Court—Turf Side)

Join one of the fastest growing sports in the country! This beginners course will teach basics of the game, foundational skills, serving, forehands, backhands, rules and more. Pickleball is a fast-paced, lifetime sport the entire family can enjoy! This program will be led by members of the Indiana Area Pickleball Club for two different sessions! Bring your own equipment if possible, limited equipment will be provided.



Download and use the TeamReach App on your mobile phone for PB scheduling and member messaging!



The PB calendar will be set on a month-to-month basis and can be found on the TeamReach App, the White Township Rec FB page and website.

For a real time schedule, please check the White Township online schedule at www.whitetownshiprec.org or call 724-465-2665.

Pickleball at



Rent a court, come for Open Play, or join a Round Robin

Find the play schedule:

Monthly schedule is posted on Facebook at:

<https://www.facebook.com/stbankarena>

Use the TeamReach App:

<https://www.teamreach.com/#app-icons>

Group Name: S&T Bank Arena Pickleball

Group Code: SnTBankPB

Click on the Schedule tab at whitetownship.org to see available Open Play and rented time slots

Play Formats:

Court Rental: \$15 per court / per hour

Call (724) 465-2665 to reserve a court

Open Play: \$5 per person / Pay at the door

Any skill level. No structured format

Use TeamReach to sign up and see if others are playing

Round Robin Mixers: \$5 per person / Pay at the door

Structured format where people are paired with different partners for a set amount of games

Must sign up using TeamReach

Requires at least 8 players and is capped at 14 players

For additional information contact White Township Recreation at (724) 465-2665 or the Indiana Area Pickleball Club on Facebook at <https://www.facebook.com/IndianaPaPickleball/>

Learn to Skate



What is Included with My Fee?

- **Membership with ISI** - this includes insurance and the ability to compete in local and regional competitions
- **Level Testing and progress reports**
- **Badge awards for passing levels**
- **Rental Skates** - provided each day
- **One punch card redeemable for 8 public skates** - Rental skates Included

Discounts:

Returning Enrollment - \$10 off consecutive program session registrations. Discount applied to each participant. (Returning enrollment resets every ice season).

Multi Child - \$10 off for enrolling multiple children. (1st child = Full Price. Discount applied to the 2nd child and so forth).

PLEASE NOTE:

- All tots must be age 4 by the start date of class.
- Helmets are required for ALL participants.
- All participants start in figure skates before transitioning into hockey skates if so desired upon Skating Director approval.

Please contact our Skating Director for additional information.

PROGRAM DESCRIPTION

Our new and improved Skating Academy offers Learn to Skate lessons to children and teens. Our lessons are designed to teach skating in a way that's progressive, structured, safe and fun! During our sessions skaters are tested according to Ice Sports Industry (skateisi.org) standards when they are ready to move up to the next level of achievement. Evaluations are built into the sessions with badges and progress reports. Through our professionally run program, skaters will learn the skills that are necessary in becoming a competitive figure skater, an elite hockey player or a life-long recreational skater.

Learn to Skate Registration Information

Tuesday Sessions (1, 3, 5, 7)
5:30pm-6:30pm
(Sessions are 8 lessons)

Session 1 \$110

Aug 22nd to Oct 10th

Session 3 \$110

Oct 17th to Dec 5th

Session 5 \$110

Dec 12th to Feb 6th
*NO CLASS: 12/26

Session 7 \$110

Feb 13th to April 2nd

Friday Sessions (2, 4, 6)
5:20pm-6:20pm
(Sessions are 8 lessons)

Session 2 \$110

Sept 22nd to Nov 17th
*NO CLASS: 11/10

Session 4 \$110

Dec 1st to Jan 19th
*NO CLASS: 11/24

Session 6 \$110

Jan 26th to March 15th

Each lesson is 8 weeks long and held once a week, either on Tuesday or Friday evenings. You can choose to register for one session at a time or multiple sessions concurrently. Each lesson consists of 30 min of instruction and 30 min of practice per day. A completed registration form and payment in full is required to hold your spot.

*Registrations are not accepted after the second class of a session.

Keystone Hockey Academy

Learn to Play



What is Included with My Fee?

- *Rental Skates - provided each day if needed*
- *One punch card redeemable for 8 public skates - Rental Skates included*

Discounts:

Returning Enrollment - \$10 off consecutive program session registrations. Discount applied to each participant. (Returning enrollment resets every ice season).

Multi Child - \$10 off for enrolling multiple children. (1st child = Full Price. Discount applied to the 2nd child and so forth).



For more information on Keystone Hockey Academy please visit:

<https://whitetownshiprec.org/programs-leagues/hockey-academy/>

PROGRAM DESCRIPTION

The first step to becoming a hockey player is our Learn to Skate Program. After completion of the Alpha Level in Learn to Skate, our Keystone Hockey Academy Learn to Play program is the second step in the process. In Learn to Play, there is still a strong emphasis on individual skating skills but we also begin to introduce players to hockey skills and drills. Our Coaches separate players into similar abilities and provide instruction based on the needs of the group. Full hockey equipment is required to be enrolled in Learn to Play. Kelly's Hockey Shop is our full-service Pro Shop, located inside the S&T Bank Arena and has all of the latest merchandise, from helmets and skates to sticks and tape; we have it here! If you are interested in an equipment or skate fitting, please call or email ahead to schedule an appointment.

Learn to Play Registration Information

Tuesday Sessions
6:30pm-7:30pm
(Each session is 8 weeks)

Session 1 \$110

Aug. 25th to Oct 13th

Session 2 \$110

Oct 20th to Dec. 15th

Session 3 \$110

Dec 22nd to Feb 9th

Session 4 \$110

Feb 16th to April 5th

NEW!

Keystone Hockey Academy

Keystone Hockey Academy (KHA) is the next step in youth hockey for participants that have **passed the "Alpha" level in the Learn to Skate program**. KHA is broken into four tiers of development; Learn to Play, Foundational Skills, Select Skills, and Elite Skills. KHA is designed to focus on individual development through skill-specific practices that are instructed by an impressive staff of USA Certified/IYHA/RLC Coaches. Practices will be conducted in a camp-style manner while advancing players through the tiers as they learn new skills and perfect familiar skills.

Individuals will be evaluated at the end of each session on a Coach Grading Scale and must pass 75% of the skills.

Public Ice Skating

General Info

Public Skate is typically held from early September thru the end of March.

Weekday public skates are now held on Tuesdays and Thursdays and also when school is not in session.

Some public skate sessions are cancelled due to special events. Please check our online schedule for updated information!

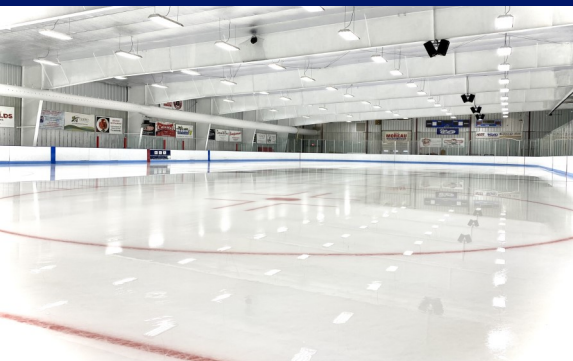
Season Skating Passes

Starting January 1st, 2024 ALL season passes will be offered at **HALF OFF!**

Individual Season Pass, \$60

Family Season Passes, \$60 for Primary Account holder, then \$20 per each additional family member. (No limit on number of additional family members).

Our season pass includes: admission plus skate rental to every scheduled public skate session for the entire 2023/2024 ice season.



TRY SOMETHING
NEW
PUBLIC SKATE



PUBLIC ICE SKATING

The last public skate of the season will be Sunday, March 31st, 2024!

Public Ice Skating Hours

- Tuesday:** 11:30am-1:30pm
- Thursday:** 11:30am-1:30pm
- Saturday:** 2:00pm-4:00pm & 8:00pm-10:00pm
- Sunday:** 1:00pm-3:00pm

Rates

- Admission for 1 with skate rental: \$9.00
- Admission for 1 without skate rental: \$6.00
- Saturday Night "Cosmic Skate": \$10.00 (includes skates)
- Weekend Family/Group Rate: \$30.00 (Max 6 people, includes skates)
- Weekday Special: \$5.00 all ages (includes skates)
- Weekday Family/Group Rate: \$20.00 (Max 6 people, includes skates)

Children 5 & under are **FREE** at all public skates!
(only if accompanied by an adult on ice)

Birthday Parties

We offer family affordable options to host birthday parties! Let the kids celebrate in an active and fun environment that everyone will enjoy.

All birthday parties are held September - March, typically during our weekend public skate hours:

Saturday: 2pm - 4pm &
8pm - 10pm

Sunday: 1pm - 3pm

ALL parties include:

Access to a single private party room that can hold roughly 25-30 people 1 hour *before* and 1 hour *after* public skate hours.

All parties include tax and ice skate rentals (hockey and figure skates are available).

Each child in attendance will receive a Buy One Get One (*BOGO*) skating pass!



BIRTHDAY PARTY PACKAGES

Basic Package \$125:

Includes admission for the first 15 guests (including birthday child) and skate rentals. Any additional children ice skating is \$9/child (skate rental included).

Premium Package \$150:

Unlimited skaters (skate rentals included).

Bring your own food, cake and decorations for all of our parties. Full service concessions are also available.

CALL 724-465-2665 TO BOOK YOUR PARTY TODAY!

Additional Party Room \$50:

There will be an additional charge for the use of an extra party room.

**Guests who do not participate in ice skating will not be charged admission.*

**Complimentary skate aids are available for beginner skaters on a first come, first serve basis. We do not allow skate aids to be reserved ahead of time for birthday parties due to limited availability.*

Pavilion Rentals

Reserve your date for upcoming graduations, reunions, BBQ's, picnics and more!

All reservations will be on a first come, first serve basis.

*Electric and game equipment rentals are available upon request (Game equipment available at Eagles Rest only).

*All White Township facilities are non-alcohol facilities!

Call today to reserve your spot for any one of our pavilions!

(724) 465-2665

Volunteering Opportunities

Do you have a special skill or certification? Have you always wanted to share this skill with adults or children? Dreamed about teaching a class and now finally have time? White Township Recreation is always looking for new classes to offer and we need qualified instructors. Topics may include music, fitness, art, nature or your own favorite hobby; the more creative, the better!

Call us to discuss volunteering opportunities.

*Must have PA Clearances or be willing to obtain them through White Township Recreation.



EAGLES REST/SENIOR AREA

Eagles Rest (larger, main pavilion) - Holds up to 80 people

Fee: \$90 all day, Electric \$5 (available upon request)

*Add on: Upper Senior Area (above Eagles Rest) - Holds up to 25 people (upper Senior Area cannot be rented alone)

Fee: Eagles Rest and Senior Area Pavilions - \$130 all day, Electric \$5, Gaming equipment Rental \$20

Pavilions are adjacent to, bocce ball courts, horse shoe pits, corn hole, multi aged playground, soccer fields, ADA BBQ pit/grills and walking trails!

GETTY HEIGHTS

Our open-air pavilion will accommodate up to 75 people.

Fee: \$90 all day, Electric \$5 (available upon request)

Pavilion is adjacent to multi-aged playground, multi purpose field, sand volleyball courts, a public dog park and access to multiple BBQ grills!



All of our outdoor facilities are free to the public from dusk to dawn, unless previously reserved. For exclusive access, contact WTR (724-465-2665) for payment information & availability.



NEW!! Now Offering.... INDOOR BASKETBALL COURT!



- 1 Hard Court Basketball surface available
- \$35/hour for basketball court rentals
- 2 portable wheel on/off nets included in all rentals
- Perfect for leagues, private lessons or team practices
- Please call 724-465-2665 to reserve a court and check availability!

If you need financial assistance with any of our programs, please email jessica@whitetownship.org

WHITE TOWNSHIP RECREATION MISSION STATEMENT:

White Township Recreation is committed to enriching the local community by providing family friendly recreational programs and services throughout Indiana as well as the surrounding communities. We strive to provide safe facilities and economical programming options that meet the needs of our patrons as well as promote general health and wellness. We welcome any and all constructive criticism with the goal of staying both current and relevant to the community.

Contact Information:

Ryan Shaffer
Recreation Director
ryanshaffer@whitetownship.org

Jessica Prushnok
Office Manager
jessica@whitetownship.org

Stephanie Vitalbo
Recreation & Skating Director
stephanie@whitetownship.org

Phil Broskin
Hockey Operations Director
phil@whitetownship.org

Gavin Cummings
Facility Operations
gavin@whitetownship.org